

Day-1 Speakers



DR. IAN GOTLIB is the Marjorie Mhoon Fair Professor in the Department of Psychology and Director of the Stanford Neurodevelopment, Affect, and Psychopathology (SNAP) Laboratory at Stanford University. From 2005-2010, Dr. Gotlib served as Senior Associate Dean for the Social Sciences, and from 2012-2018 he served as Chair of the Psychology Department.

In his research, Dr. Gotlib examines psychobiological factors that place children, adolescents, and adults at risk for developing depression and engaging in suicidal behaviors, as well as processes that are protective in this context. He examines neural, cognitive, social, endocrinological, and genetic factors in depressed individuals and applies findings from these investigations to the study of predictors of depression in children at risk for this disorder. Dr. Gotlib is also examining the differential effects of early life stress on trajectories of neurodevelopment in boys and girls through puberty in order to explain the increased prevalence of depression and suicidal behaviors in girls in adolescence. Finally, Dr. Gotlib is extending this work to the study of brain function and structure, endocrine function, and behaviors in neonates and infants being raised in suboptimal environments.

Dr. Gotlib has published over 550 papers in scientific journals describing his research (h index over 140), which is supported largely by grants from the National Institutes of Health. Dr. Gotlib has received the Joseph Zubin Award for lifetime research contributions to the understanding of psychopathology, the APA Award for Distinguished Scientific Contribution, the APS Distinguished Scientist Award, and a MERIT award from NIMH. In addition, Dr. Gotlib has a strong track record in mentoring young scientists; he has mentored over 80 postdoctoral and graduate trainees, many of whom are now in faculty positions and have themselves become renowned clinical investigators.



JOHN (JACK) ROWE is a professor in the Department of Health Policy and Management at the Columbia University Mailman School of Public Health. Previously, he served as chairman and CEO of Aetna Inc., one of the nation's leading health care and related benefits organizations, from 2000-2006. He is former president and CEO of Mount Sinai NYU Health, one of the nation's largest academic health care organizations; prior to the Mount Sinai-NYU Health merger, he was president of the Mount Sinai Hospital and the Mount Sinai School of Medicine in New York City. He was a professor of medicine and founding director

of the Division on Aging at the Harvard Medical School, as well as Chief of Gerontology at Boston's Beth Israel Hospital. Currently, he leads the MacArthur Foundation's Initiative on An Aging Society and chairs the Institute of Medicine's Committee on the Future Health Care Workforce for Older Americans. He was elected a member of the Institute of Medicine of the National Academy of Sciences and a Fellow of the American Academy of Arts and Sciences. He serves on the Board of Trustees of the Rockefeller Foundation and is a former member of the Medicare Payment Advisory Commission. He chairs the Board of Trustees at the University of Connecticut and the Marine Biological Laboratory in Woods Hole, MA. He received an MD from the University of Rochester School of Medicine and Dentistry and BS from Canisius College.

Rowe is Founding Chairman of the Center on Longevity's Advisory Council.



DEBORAH KADO is a **co-director of the Stanford Center on Longevity**. She is a professor of medicine and co-chief of the Geriatric Section of the Department of Medicine, Division of Primary Care and Population Health. Dr. Kado has a special interest in bone health. She has conducted extensive research focused on osteoporosis and the related disorder hyperkyphosis. Her ongoing research is examining the underlying biological correlates of age-related kyphosis and investigating potential preventive and treatment options for affected persons.

Prior to coming to Stanford, Dr. Kado practiced at UC San Diego where she started a dedicated osteoporosis clinic for patient care and research. She later broadened her research interests beyond musculoskeletal aging to study other aging-related topics such as the gut microbiome in older men and the effects of cancer treatments on aging in newly diagnosed breast cancer patients. Dr. Kado is a California native. She trained at UCSF and UCLA. She also earned a Master of Science degree in epidemiology at the UCLA School of Public Health, sponsored by the John Hartford Foundation.



APOORVA RANGAN is a **New Map of Life Fellow** and Knight-Hennessy Fellow. She is pursuing an MD at Stanford School of Medicine. She graduated from Harvard College with a bachelor's degree in Human Developmental and Regenerative Biology and Philosophy. She has lived and worked in an intergenerational nursing home in the Netherlands and has conducted research on aging, disability, geriatrics, and single-payer healthcare at the Edmond J. Safra Center for Ethics, University College London, and the Free University of Amsterdam. She received a Frederick Sheldon Travel Fellowship and a Fulbright Scholarship.

DINNER PRESENTATION



MICHAEL HEBB is the Founder of Life Over Dinner, which includes the new initiative we are discussing today Generations Over Dinner. Life Over Dinner is a creative agency that over the past 25 year has focused on shifting culture through the use of thoughtful food and discourse based gatherings. Clients include The Obama Foundation, Robert Wood Johnson Foundation, TEDMED, The World Economic Forum, The UN Foundation and many others. His second book "Let's Talk About Death (Over Dinner)" was published by Hachette in October of 2018, and has since been published in over a dozen countries. The blueprint for Generations Over Dinner is based on the successful initiative Death Over Dinner, which has inspired over 1 million folks to sit down, break bread and talk about end of life and grief since its launch in 2013.

Day-2 Featured Speakers



MYRA STROBER is a labor economist and Professor Emerita at the School of Education and Professor Emerita of Economics at the Graduate School of Business at Stanford University. Myra's research and consulting focus on the economics of work and family and gender issues at the workplace and home. She was the founding director of the Stanford Center for Research on Women (now the Clayman Institute for Gender Research) and the first chair of the National Council for Research on Women (now part of the International Center for Research on Women). Myra holds a BS degree in industrial and labor relations from Cornell University, an MA in economics from Tufts University, and a Ph.D. in economics from MIT.



ABBY DAVISSON is a social innovation leader and career development expert. Most recently, she spent nine years at global retailer Gap Inc., where she served as president of the Gap Foundation and a senior leader on the ESG (Environmental, Social & Governance) team. Abby also co-founded the company's employee resource group for working parents, which has been featured as a best practice for how employers can support dual-career couples. Abby's expertise in career development comes from serving as an alumni career coach at Stanford's Graduate School of Business and from forging her own non-traditional career path (across the public, private, and non-profit sectors). Abby holds a BA from Yale University and an MBA and MA in Education from Stanford University.