## Milestones Survey

Working Copy
August 2018

## Your Life Timeline

We would like to learn about your experience with some common life events. Please select below at what age you first experienced each event. If you have not experienced this event, please select N/A.

Finish high school
Start college
Finish college
Move out on own (e.g. rent first apartment)
Start full-time job
Live with a partner/significant other
Get married
Start a family (e.g. have a child)
Buy a home
Begin a long-term career
Take out student loans
Pay off all student loans
Start saving for retirement
Retire (stop working for pay)

V N/A, 15 or younger, 16 ... 99, 100 or older
V N/A, 15 or younger, 16 ... 99, 100 or older

- N/A, 15 or younger, $16 \ldots 99,100$ or older
- N/A, 15 or younger, $16 \ldots 99,100$ or older

V N/A, 15 or younger, $16 \ldots 99,100$ or older

- N/A, 15 or younger, $16 \ldots 99,100$ or older
- N/A, 15 or younger, $16 \ldots 99,100$ or older
- N/A, 15 or younger, 16 ... 99, 100 or older
- N/A, 15 or younger, 16 ... 99, 100 or older
- N/A, 15 or younger, $16 \ldots 99,100$ or older

V N/A, 15 or younger, $16 \ldots 99,100$ or older
V N/A, 15 or younger, $16 \ldots 99,100$ or older

- N/A, 15 or younger, $16 \ldots 99,100$ or older
- N/A, 15 or younger, $16 \ldots 99,100$ or older


## Your Ideal Life Timeline

Next, we want learn about your ideal life timeline.
For events you have already experienced: think back to before you experienced the event, and select the age when you would ideally have liked to experience the event.
For events you haven't experienced: select when you ideally want to experience the event. If you don't want to experience the event, select N/A.

| Finish high school | V N/A, 15 or younger, 16 ... 99, 100 or older |
| :---: | :---: |
| Start college | V N/A, 15 or younger, $16 \ldots 99,100$ or older |
| Finish college | - N/A, 15 or younger, $16 \ldots 99,100$ or older |
| Move out on own (e.g. rent first apartment) | - N/A, 15 or younger, $16 \ldots 99,100$ or older |
| Start full-time job | V N/A, 15 or younger, $16 \ldots 99,100$ or older |
| Live with a partner/significant other | V N/A, 15 or younger, $16 \ldots 99,100$ or older |
| Get married | - N/A, 15 or younger, $16 \ldots 99,100$ or older |
| Start a family (e.g. have a child) | V N/A, 15 or younger, $16 \ldots 99,100$ or older |
| Buy a home | - N/A, 15 or younger, $16 \ldots 99,100$ or older |
| Begin a long-term career | V N/A, 15 or younger, $16 \ldots 99,100$ or older |
| Take out student loans | - N/A, 15 or younger, $16 \ldots 99,100$ or older |
| Pay off all student loans | V N/A, 15 or younger, $16 \ldots 99,100$ or older |
| Start saving for retirement | - N/A, 15 or younger, $16 \ldots 99,100$ or older |
| Retire (stop working for pay) | - N/A, 15 or younger, $16 \ldots 99,100$ or older |

Overall, how do you think the timing of your life events compares to that of the typical American?
Much earlier
Somewhat earlier
About the same time
Somewhat later
Much later

How many years do you expect to live in your first home?

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0 ... }10
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How many years do you expect to work at your current job?
マ 0 ... 100

How many years do you expect to live in the city or town where you currently reside?

- $0 \ldots 100$

At what age do you expect to retire?
0 ... 100, Never

How many years do you expect to live?

- 0 ... 150

In general, to what extent are you responsible for decisions about the following?

| I am the sole decision maker | Someone else helps | I make these | I help |  | I don't know | N/A |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | out, but someone else | Someone else is |  |  |
|  | make | with | makes | the sole decision |  |  |
|  | most of | someone | most of | decision maker |  |  |
|  | the decisions | else | these decisions |  |  |  |

## Tax return

 preparationHealth insurance coverage

Car purchase

| Retirement plan |
| :---: | :---: | :---: | :---: |
| Home/apartment |
| search |
| Home appliance |
| purchase |
| Student loans |
| Home loans |

In general, to what extent do you feel confident about being the sole decision maker about the following?

| Not at all | A little <br> confident | Somewhat <br> confident <br> confident | Very <br> confident | Extremely <br> confident | I don't <br> know | N/A |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |

Tax return
preparation
Health insurance coverage

Car purchase

Retirement plan

Home/apartment search

Home appliance purchase

Student loans

Home loans
(e.g. mortgage or home equity)

Auto loans

Investing (e.g. stocks or life insurance)
Utility bill
payment (e.g. internet or water)

Home repairs

Childcare (e.g., daycare, preschool, babysitter)


How positive or negative do you feel when you think about making decisions about the following?

|  |  |  | Neither |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Extremely | Moderately | Slightly | positive <br> positive | positive | Slightly | Moderately | | Extremely |
| :---: |


| Tax return <br> preparation <br> Health <br> insurance <br> coverage |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Car purchase |  |  |



How anxious or calm do you feel when you think about making decisions about the following?

|  | Neither <br> Extremely |  |  |  |  | Moderately | Slightly |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| anxious | Slightly | Moderately | Extremely |  |  |  |  |
| anxious | anxious | anxious | nor <br> colm | calm | calm | calm |  |

Tax return
preparation
Health
insurance
coverage
Car purchase


How bored or excited do you feel when you think about making decisions about the following?

| Extremely | Moderately <br> bored | bored | Slightly |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| bored |  |  |  | | Neither |
| :---: |
| bored |
| nor |
| excited | excited | Slightly |
| :---: | | Moderately |
| :---: |
| excited | | Extremely |
| :---: |
| excited |


| Tax return <br> preparation <br> Health <br> insurance <br> coverage |
| :---: | :---: | :---: | :---: |
| Car purchase |
| Retirement plan |



How much will the outcome of this decision impact you?

|  | A great deal | A lot | A moderate <br> amount |
| :---: | :---: | :---: | :---: | :---: |
| Tax return <br> preparation <br> Health insurance <br> coverage |  | Not all |  |
| Car purchase |  |  |  |
| Retirement plan |  |  |  |
| Home/apartment |  |  |  |
| search |  |  |  |$|$



When you think about managing your money, to what extent do you feel:


Please respond to the following statements.

Exactly true Moderately true Hardly true Not true at all
It is hard to stick to my spending plan when unexpected expenses arise.

It is challenging to make progress toward my financial goals.
When unexpected expenses occur I usually have to use credit.

When faced with a financial challenge, I have a hard time figuring out a solution.

I lack confidence in my ability to manage my finances.

I worry about running out of money in retirement.

How confident are you at filling out medical forms by yourself?Not at allA little
SomewhatQuite a bitExtremely

How often do you have problems learning about any medical conditions you may have had or currently have because of difficulty understanding written information?AlwaysOften
SometimesRarelyNever

How often do you have someone like a family member, friend, hospital or clinic worker or caregiver, help you read hospital or medical materials?

AlwaysOftenSometimesRarelyNever

Suppose you have $\$ 100$ in a savings account earning 2 percent interest a year. After five years, how much would you have?More than \$102
Exactly \$102
Less than $\$ 102$
Don't Know

Imagine that the interest rate on your savings account is 1 percent a year and inflation is 2 percent a year. After one year, would the money in the account buy more than it does today, exactly the same or less than today?MoreSame
Less
Don't Know

If interest rates rise, what will typically happen to bond prices? Rise, fall, stay the same, or is there no relationship?RiseFallStay the SameNo RelationshipDon't Know

True or false: A 15-year mortgage typically requires higher monthly payments than the 30-year mortgage but the total interest over the life of the loan will be less.TrueFalseDon't Know

True or false: Buying a single company's stock usually provides a safer return than a stock mutual fund.TrueFalseDon't Know

How often do you spend time with any members of your family, that is, any of your brothers, sisters, parents, or children, or extended family who currently live with you?Several times a dayAbout once a daySeveral times a week
About once a weekTwo or three times a monthAbout once a monthLess than once a monthNever or hardly ever
Don't knowNot applicable

How often do you communicate with any members of your family who currently live with you via...?


How often do you spend time with any members of your family, that is, any of your brothers, sisters, parents, or children, or extended family who do not live with you?Several times a dayAbout once a daySeveral times a weekAbout once a weekTwo or three times a monthAbout once a monthLess than once a monthNever or hardly everDon't knowNot applicable

How often do you communicate with any members of your family who do not live with you via...?


Over the past year, approximately how often did you volunteer for an organization?DailyMultiple times a weekOnce a weekSeveral times a monthOnce a monthSeveral times over the past yearOnce or twiceNever

How many minutes per week do you engage in vigorous physical activity (e.g., running)?

How many minutes per week do you engage in moderate physical activity (e.g., brisk walking)?

How many minutes per week do you engage in light physical activity (e.g., gardening)?

How many hours of sleep do you usually get each night on a typical weekday or workday?

Below are five statements that you may agree or disagree with. Indicate your agreement with each item. Please be open and honest in your responding.

|  | Extremely satisfied | Moderately satisfied | Slightly satisfied | Neither satisfied nor dissatisfied | Slightly dissatisfied | Moderately dissatisfied | Extremely dissatisfied |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| In most ways my life is close to my ideal. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| The conditions of my life are excellent. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| I am satisfied with my life. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |
| So far I have gotten the | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |



Please slide the bar to where best represents the time point you stand at now.
Birth Death


I see myself as:

|  | Disagree <br> strongly | Disagree <br> moderately | Disagree <br> a little | Neither <br> agree <br> nor <br> disagree | Agree <br> a little | Agree <br> moderately | Agree <br> strongly |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Extraverted, <br> enthusiastic. |  |  |  |  |  |  |  |
| Critical, <br> quarrelsome. |  |  |  |  |  |  |  |
| Dependable, <br> self- <br> disciplined. |  |  |  |  |  |  |  |



In general, do you consider your health to be:FairGoodVery goodExcellent

